

CARE COORDINATION



**CARE COORDINATION IS
PARTICULARLY IMPORTANT FOR
PATIENTS AGED 55 AND OLDER**

WHAT IS CARE COORDINATION?

- **Communication between providers:** Ensuring all doctors, specialists, and healthcare professionals are on the same page about the patient's health, treatment plan, and medications
- **Managing treatments and medications:** Keeping track of prescribed treatments and medications to prevent overlaps, interactions, or gaps in care
- **Monitoring progress:** Regular check-ins to track the patient's condition, adjust treatments, and prevent complications

WHAT HAPPENS IF THERE ISN'T COORDINATION?

- Medication errors
- Inconsistent care
- Medical mistakes
- Additional costs
- Unnecessary stress

PATIENTS ARE A KEY PART IN CARE COORDINATION

- You know your health history, symptoms, and treatments best
- Ask questions and make sure all your providers understand your treatment plan
- If something doesn't make sense, speak up
- Don't hesitate to ask your doctor how they're coordinating with others on your care team
- Keep track of your appointments and medications
- Always share any concerns or changes in your health with your providers



**YOUR INVOLVEMENT IN CARE
COORDINATION HELPS ENSURE
BETTER, SAFER HEALTH CARE**

CARE TEAM CONTACT LIST

Provider Name	Specialty	Phone Number/Email

✓	Questions to Ask at Every Visit
	What is this medication for?
	Are there any side effects I should watch for?
	Will this interact with anything else I'm taking?
	Who should I follow up with about this?
	How are you coordinating this with the rest of my care team?